



## What can you do to support your treatment efficiently?

The bioresonance method will eliminate impurities and harmful substances from your body. Also, the metabolic substances which are being produced when loosing weight have to be eliminated. Therefore it is extremely important to drink at least two litres of water low in mineral content a day during the whole period of the therapy. Only water low in mineral content can pick up all the harmful substances and flush them out of your body.

You must abstain from all alcohol at least 6 hours before and after the therapy!

Tiredness, hot flushes, chills or slight perspiration after the therapy are all reactions to the therapy and usually subside fairly quickly. Patients occasionally reported slight circulatory reactions which can be resolved by drinking a considerable amount of water.

If you are interested in further information on the topic "weight reduction", please feel free to ask us.



Do something for your health and well-being!

We would like to give you advice!

**You can succeed!**

**BICOM<sup>®</sup>  
Bioresonance Method**



Ask for the BICOM therapy for weight reduction in this practice!

## Overweight?

Reduce weight – but how?

**BICOM<sup>®</sup> Bioresonance Method**



**When overweight not only do your feet hurt....**



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... but:

- it can restrict in general your well-being and the quality of life
- it can result in loosing interest in sports activities (like swimming ...)
- it can lead to heart/circulatory diseases
- it can stress the musculoskeletal system
- it can cause metabolic diseases (such as diabetes ...)



Dear reader,

You would like to reduce weight?

- without suffering being hungry?
- without one-sided diets?
- without harmful anorectics?
- without fatigue and loss of activity?
- without yo-yo effects?
- with less appetite?
- by eliminating metabolic blocks?
- by activating the metabolism?
- in a consistent and healthy way?
- with power and being in a good mood?

Please ask us. In our practice we use the BICOM Bioresonance Method to reduce weight.

Do something for your health now by shedding the pounds and keeping the weight in which you feel comfortable. We are prepared to support you.

We want you to feel well!

Kind regards  
Your practice team

## What is the bioresonance method?



The bioresonance method, like acupuncture and other naturopathic method forms, is part of the area known as empirical healing. Though still disregarded by current conventional medical thought, the basic principles of the bioresonance method are confirmed by the newest findings in quantum mechanics\* and biophysics.

The treatment is painless and no harmful side-effects are known. You can get additional and detailed information in our practice or under: [www.bicom2000.com](http://www.bicom2000.com)

## How many treatments are needed?

The number of treatments depends on the excessive weight. The treatment is done with the bioresonance method via the ear reflex points. It is recommended to do 10 treatments over a period of ten weeks.

The goal during this time is to eliminate metabolic blocks, to activate the metabolism and to influence the hormonal system. With less appetite it is usually easier to change one's food and eating habits. More therapies might be needed depending on the excessive weight, whereas the treatment intervals can be longer after the first therapies.

\* Definition of quantum mechanics: Quantum mechanics deals with the particle and wave properties of atoms and the interaction between them. Quant: smallest particle (e.g. of energy: energy quant)